



# Colleague Care Resource Guide



# JUNE 2024

## TRINITY HEALTH RESOURCES

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- **TH Sharepoint Colleague Well-being Resource Main Page**

- <https://mytrinityhealth.sharepoint.com/sites/SO-LiveYourWholeLifeColleagueWellbeing>
- **This is the portal to all the links and information for all types of resources:**
  - SpringHealth: most known for its free mental health counseling. Available to all colleagues and members of their household whether or not they have St. Mary's insurance. Also offers many resources in addition to counseling.
  - Live Your Whole Life. Offers an array of resources to help with wellness and work-life balance. Also provides free coaching.
  - Links to spiritual, mental, emotional, social, financial, vocational resources
  - Student loan relief services
  - Personal financial management and planning help through Fidelity
  - Employee Discount Programs

- **TH Colleague Emergency Assistance Program (CEAP)**

- For Trinity Health employees only. A colleague may apply for emergency financial assistance through this program. (A similar program for St. Mary's employees is available, the Colleague Hardship Assistance Program. See below.)
- For the application: <https://mytrinityhealth.sharepoint.com/sites/SO-MissionIntegration/Shared%20Documents/Forms/AllItems.aspx?viewid=9a171c6d%2D2cae%2D4f92%2Dad83%2D6c22abf307c9&id=%2Fsites%2FSO%2DMissionIntegration%2FShared%20Documents%2FColleague%20Emergency%20Assistance%20Fund>
- Submit to Mario Brunetta, System Office Mission Leader ([mario.brunetta@trinity-health.org](mailto:mario.brunetta@trinity-health.org)). Mario will work with the colleague once the application is received to explain the assistance options available through the CEAP, offer guidance through the process, and answer any questions.

- **Colleague Resource Groups (CRGs)**
  - <https://mytrinityhealth.sharepoint.com/sites/SO-DiversityInclusion/SitePages/Colleague-Resource-Groups.aspx>
  - Opportunity for colleagues across Trinity to connect on issues of common interest such as working parents, women, veterans, LGBTQ, and several others.
- **Leadership Development Resources**
  - [LEAD - Leadership Learning & Development - Home \(sharepoint.com\)](#)
  - Offers courses and on demand resources for leadership development opportunities.
- **OneHR**
  - Main Human Resources page:  
<https://mytrinityhealth.sharepoint.com/sites/SO-ONEHR-TrinityWide>
  - HR4U: link is on the OneHR site and ZENworks. This portal provides colleagues access to Benefits, Pay, Retirement, Employee Verification, Mental Well-being Benefit, Career Development, Vendors (eg, Fidelity) and more.
  - HR4U contains important information about leave of absence policies and processes. Must work through The Hartford for leaves of absence.
- **PTO Donation**
  - Under certain circumstances, a colleague may donate PTO to another colleague within St. Mary's or may receive donated PTO from another colleague at St. Mary's. Go to HR4U for details.
- **Tuition Reimbursement**
  - Contact HR4U for information on tuition reimbursement benefits.

## ST. MARY'S RESOURCES

- **Chaplains**
  - St. Mary's chaplains provide confidential emotional and spiritual support to colleagues. Chaplains are on site at all three hospitals and Highland Hills Village and are available to all colleagues, regardless of location.
  - Contact Jessica Chicken, Spiritual Care Manager, 2-3426, or Sonya Lackey, Spiritual Care Administrative Assistant, 2-3276.

- **Colleague Hardship Assistance**
  - Contact Jennifer Craig ([jcraig@stmarysathens.org](mailto:jcraig@stmarysathens.org), or Julie Carter ([Julie.carter@stmarysathens.org](mailto:Julie.carter@stmarysathens.org), 2-3428) for the application, or access the application on the St. Mary's intranet on the Mission Services page.
  - Provides financial support for colleagues facing unexpected emergencies or hardship. Note that the process can take up to 30 days upon approval of the application.
- **Community Health Workers**
  - For colleagues that may need assistance connecting to resources in our community, our Community Health Workers may be able to assist navigate the available types of support. Contact Brandiss Pearson ([brandiss.pearson@stmarysathens.org](mailto:brandiss.pearson@stmarysathens.org)) or Iris Chandler ([ichandler@stmarysathens.org](mailto:ichandler@stmarysathens.org)).
- **Community Resource Directory**
  - An easy-to-use directory to find resources in the area. Go to the link on ZENworks or the URL below, type in a key word (housing, transportation, elder care, etc.) and the zip code. A list of resources will appear.
  - <http://Communityresources.trinity-health.org>
- **Ethics Consultations**
  - Ethics consultations are helpful to colleagues who may feel a sense of moral distress over their role and responsibilities with complex patient care situations. Contact Julie Carter to request a consultation or get more information about this process. [Julie.carter@stmarysathens.org](mailto:Julie.carter@stmarysathens.org), 2-3428
- **Support Groups**
  - A variety of support groups are held at St. Mary's and open to all, including a Life After Loss grief support group. Check with Mission Services ([Julie.carter@stmarysathens.org](mailto:Julie.carter@stmarysathens.org), 2-3428) for a particular need.
- **Marilyn Brown Nursing Scholarship**
  - The Marilyn Brown Nursing Scholarship awards \$2500 in financial assistance to St. Mary's Health Care System colleagues who have been accepted into a nursing program of study, either entering the nursing field or pursuing a higher level of nursing education. Information and the application are available here: [The Marilyn Brown Nursing Scholarship Application \(stmaryshealthcaresystem.org\)](http://stmaryshealthcaresystem.org)

## TO REACH THE ST. MARY'S BEE WELL TEAM

- **Call:** 706-389-3434. A member of the team will return your call within one business day to help navigate some of these resources.