



11. Will this new medicine work safely with the other prescription and non-prescription medicines I take?  
 12. Will any testing or monitoring be necessary? If yes, what and how often?

6. Should I take it with or without food?  
 7. What foods, drinks, medicines, or dietary supplements – including vitamins and herbs – should I avoid while taking it?  
 8. What are the possible side effects of the medicine?  
 9. What should I do if side effects occur?  
 10. When should I expect the medicine to work, and how will I know if it is working?

Please don't hesitate to ask your care-givers about your medications. Knowing what to ask about your medicine will help you take charge of your health.

1. What is the name of the medicine?  
 2. How is it supposed to help me?  
 3. How and when do I take it?  
 4. What should I do if I forget to take a dose?  
 5. How long should I keep taking it?

QUESTIONS YOU SHOULD ASK YOUR PHYSICIAN, PHARMACIST OR OTHER HEALTHCARE PROFESSIONAL

PRIMARY PHYSICIAN'S NAME

PHYSICIAN'S PHONE NUMBER

PHARMACY NAME

PHARMACY PHONE NUMBER

EMERGENCY CONTACT

PHONE NUMBER

ALTERNATE NUMBERS (CELL, ETC.)

## TIPS TO REMEMBER

Keep this list with you at all times. Be sure to update it as your medicines change. If you need a new card, ask your doctor or call St. Mary's Good Samaritan Hospital at 706-453-7331.

Before visiting your doctor or pharmacist, write down any questions you have.

Make sure your doctor and pharmacist know all the medications you are taking, including over-the-counter and herbal products.

If you take several medications at the same time, make sure you keep track of what each one is for, and how and when to take it.



**ST. MARY'S**  
HEALTH CARE SYSTEM

A Member of Trinity Health

1230 Baxter Street, Athens  
706-389-3000

## YOUR MEDICATION SAFETY RECORD

please keep this card with you

NAME

PHONE NUMBER

