

offen? necessary? If yes, what and how 12. Will any testing or monitoring be

and non-prescription medicines I

safely with the other prescription

11. Will this new medicine work

take?

know if it is working? medicine to work, and how will I 10. When should I expect the

occur?

What should I do it side effects

of the medicine?

8. What are the possible side effects

avoid while taking it? vitamins and herbals - should I

dietary supplements - including 7. What foods, drinks, medicines, or

6. Should I take it with or without

of your health. medicine will help you take charge Knowing what to ask about your care-givers about your medications. Please don't hesitate to ask your

5. How long should I keep taking it?

4. What should I do it I forget to take

2. How is it supposed to help me?

1. What is the name of the medicine?

3. How and when do I take it?

a dose?

food?

## QUESTIONS YOU SHOULD ASK YOUR PHYSICIAN, PHARMACIST OR OTHER HEALTHCARE PROFESSIONAL

## PRIMARY PHYSICIAN'S NAME PHYSICIAN'S PHONE NUMBER PHARMACY NAME PHARMACY PHONE NUMBER **EMERGENCY CONTACT** PHONE NUMBER ALTERNATE NUMBERS (CELL, ETC.)

## TIPS TO REMEMBER

Keep this list with you at all times. Be sure to update it as your medicines change. If you need a new card, ask your doctor or call St. Mary's Good Samaritan Hospital at 706-453-7331.

Before visiting your doctor or pharmacist, write down any questions you have.

Make sure your doctor and pharmacist know all the medications you are taking, including over-the-counter and herbal products.

If you take several medications at the same time, make sure you keep track of what each one is for, and how and when to take it.



A Member of Trinity Health 1230 Baxter Street, Athens

706-389-3000

## YOUR MEDICATION SAFETY RECORD

please keep this card with you

NAME

PHONE NUMBER

	MEDICAL CONDITIONS		
	Anemia Angina Arthritis Asthma Cancer Chronic hepatitis or HIV Depression Diabetes	<ul> <li>Digestive tract disease</li> <li>Emphysema</li> <li>Heart problems</li> <li>Hemophilia</li> <li>High blood pressure</li> <li>High cholesterol</li> <li>Kidney disease</li> <li>Liver disease</li> </ul>	Lung disease Migraines Parkinson's Pregnancy Stroke Ulcers Water retention Other
	ALLERGIES OR DRUG REACTIONS A	ND WHAT HAPPENS	
00000000			Date of last tetanus shot
	CURRENT MEDICATIONS including over-the-counter, herbal pro	oducts, and vitamins	
Drug	g name and dose	Directions for use	Drug is for