

St. Mary's Good Samaritan Hospital CHNA Implementation Strategy Fiscal Years 2019-2021

St. Mary's Good Samaritan Hospital completed a comprehensive Community Health Needs Assessment (CHNA) and implementation strategy was adopted by the Board of Directors on 6/17/2019. STMGSH performed the CHNA in adherence with certain federal requirements for not-for-profit hospitals set forth in the Affordable Care Act (ACA) and by the Internal Revenue Service (IRS). The assessment took into account a comprehensive secondary data analysis of patient outcomes, community health status, and social determinants of health, as well as primary data including input from representatives of the community, community members, and various community organizations.

The complete CHNA report is available electronically at https://www.stmarysgoodsam.org/about-us/community-benefit/, or printed copies are available at St. Mary's Good Samaritan Hospital.

Hospital Information

Good Samaritan Hospital, Inc. is located in Greene County, Georgia. Although it is the 56th largest county in the state in land area, Greene County has a sparse population of 16,321. It is composed of five cities with its population centers in Greensboro and Union Point. The area is known for its lush green beauty. Greensboro offers fishing, swimming, boating, beautiful golf courses and is home to one of America's 20 Hottest Bass Lakes, Lake Oconee. Approximately 55% of the population in Greene County is between 18 and 64 years of age, and 25.4% of the population is age 65 and over. The majority races are white and African American, and 6.3% of the population is Hispanic or Latino. Males make up 48.6% of residents. The majority of households in Greene County are family households. The average household size is 2.43 and the average family size is 2.85 people. Forty-nine percent of children in Greene County live in single parent homes, 13% more than the state average and 29% greater than the national benchmark. Of children enrolled in school, 71% are eligible for free or reduced lunch. Among residents age 25 and over in Greene County, 76.2% have graduated from high school and 18.4% have a bachelor's degree or higher. Of those 16 years and older in the civilian labor force, 9.6% are unemployed in Greene County. This is slightly higher than the percentage in Georgia (9.0%). The median household income in Greene County is \$40,728. This is approximately \$9,000 less than the State median (\$49,604). Greene County also has a significantly higher percentage of families and individuals living below the poverty level than the state of Georgia. In Greene County the percent of persons living below the poverty level is 22.5%.

Mission

We, St. Mary's Good Samaritan Hospital and Trinity Health, serve together in the spirit of the Gospel as a compassionate and transforming healing presence within our communities.

Health Needs of the Community

The CHNA conducted in 2018-2019 identified the top 10 significant health needs within the St. Mary's Health Care System community. Those needs were then prioritized based on prevalence, severity, required length of hospitalization, whether vulnerable population were disproportionately impacted, community acknowledgement of this issue, etc. The top 10 significant health needs are listed below and the prioritized significant health needs are listed in the next section.

1) Cardiovascular Health	 Ranked #1 health need in our community. For the service area, cardiovascular deaths are the leading cause of preventable deaths.
2) Nutrition, Obesity, & Diabetes	 More than 1:3 individuals in the service area are obese. Additionally, there is inadequate access to healthy foods and decreasing access to recreational and fitness facilities across the region.
3) Behavioral Health	 The service area suffers from severe lack of mental health and substance abuse providers. Significant lack of affordable behavioral resources is the most common reason for not seeking treatment.
4) Maternal & Child Health	 Many women must travel good distances for routine prenatal care, labor and delivery, and pediatric care for their children. The maternal smoking rate is more than twice the state's rate.
5) Healthcare Access	 The region lacks adequate and affordable healthcare options in the areas of primary, dental, behavioral health, especially for those without adequate insurance and the ability to pay.
6) Reproductive Health	 Four out of the five counties, the teen pregnancy rates were greater than the state rate. Reproductive health in the hospital's service area ranks lower than the five-year state rate.
7) Cerebrovascular Health	 Among the five counties, strokes account for 5% of all deaths between 2015 and 2017. Georgia is part of what is known as the "stroke"

	belt" where stroke morbidity and mortality rates are well above compared to other states. 80% of strokes are preventable.
8) Cancer	 Significant race-based cancer mortality disparities were documented for these counties In the five county service area, 18% of households reported having a smoker and 28% of property-stricken households reported having a family member that smoked.
9) Respiratory Health	 While mortality rates due to respiratory health issues in the five county service area were comparable to the state rate, there are striking and significant differences in emergency room visits. Age-adjusted ED visits for the flu and pneumonia was greater than the state in all counties between 2015 and 2017.
10)Injuries & Accidents	 In each of the five counties, ED visits rates for motor vehicle crashes far exceeds the state rates. Between 2015 and 2017, men in the hospital's service area were nearly four times more likely to die from a fall than women. Conversely, women in the hospital's service area were just slightly more likely to visit an emergency room than men due to a motor vehicle crash.

Hospital Implementation Strategy

St. Mary's Good Samaritan Hospital resources and overall alignment with the hospital's mission, goals and strategic priorities were taken into consideration of the significant health needs identified through the most recent CHNA process. Out of the 10 top priority needs there were only five that were addressed in the implementation plan

Significant health needs to be addressed

St. Mary's Good Samaritan will focus on developing and/or supporting initiatives and measure their effectiveness, to improve the following health needs:

- Cardiovascular Health pages 5-6
- Nutrition, Diabetes & Obesity pages 7-9
- Cerebrovascular Health pages 10-12
- Healthcare Access pages 13-15
- Cancer pages 16-18

Significant health needs that will not be addressed

St. Mary's Good Samaritan Hospital acknowledges the wide range of priority health issues that emerged from the CHNA process, and determined that it could effectively focus on only those health needs which it deemed most pressing, under-addressed, and within its ability to influence. St. Mary's Good Samaritan Hospital will not take action on the following health needs:

- Maternal & Child Health St. Mary's Good Samaritan Hospital does not plan
 to directly address this particular need because the hospital has partnerships
 with TenderCare Clinic, First Call Pregnancy, Greene Co. Health Department,
 and Athens OB Hospitalist Group and they are addressing the need.
- Reproductive Health St. Mary's Good Samaritan Hospital does not plan to directly address this particular need because the hospital has partnerships with the Greene Co. Health Department and County School Systems and they are addressing the need.
- Respiratory Health St. Mary's Good Samaritan Hospital does not plan to directly address this particular need because it will be participating in the St. Mary's HealthCare System Wide and the target population is smaller.
- Injuries & Accidents St. Mary's Good Samaritan Hospital does not plan to directly address this particular need because the hospital participates in industry safety fairs as well as other industry health fairs. The hospital also meets and works closely with the Greene County Sheriff's Office and local EMS who also addresses this need in the community.
- Behavioral Health- St. Mary's Good Samaritan Hospital does not plan to directly address this particular need because there is a statewide limitation of resources for treatment and there are already some of the nonprofit organizations in the area providing mental health care.

This implementation strategy specifies community health needs that the hospital has determined to address in whole or in part and that are consistent with its mission. The hospital reserves the right to amend this implementation strategy as circumstances warrant. For example, certain needs may become more pronounced and require enhancements to the described strategic initiatives. During these three years, other organizations in the community may decide to address certain needs, indicating that the hospital then should refocus its limited resources to best serve the community.

Hospital facility: St. Mary's Good Samaritan Hospital

CHNA significant health need:

CHNA reference page: 21-22 Prioritization #: 1

Brief description of need:

- Cardiovascular disease is the number one health need in our community.

Goal: Prevent chronic diseases and increase wellness by promoting healthy habits. *Objective:*

By June 2022, expand community education programs aimed at increasing knowledge of risk factors to manage and prevent chronic diseases by using effective strategies.

Strategies	Т	Timeline		Committed Resources		Potential Partners
Strategies	Y1	Y2	Y3	Hospital	Other Sources	roteillai raitileis
Walk to Wellness	X	X	X	Outreach/ All Depts.		Physician Practices such as TenderCare Clinical & MGMA
Diabetes Prevention Program (DPP)	X	X	X	Outreach/ Nursing		Physician Practices such as TenderCare Clinical & MGMA
320 CT Scanner that detects fractional flow reserve (blockages)		Х	Х	Outreach/ Radiology		Oconee Heart & Vascular (Dr. Layher)
Telehealth & REACH		Х	Х	Med/Surg & ED		Augusta University, OHVC

CHNA Impact Measures	CHNA Baseline	Target
Tracking the number of	The number of participants	Increase the number of
participants that join each	range from 15-20.	participants every year to
year.		25 – 30 in three years.
		Track attendance, conduct
		a pre/post assessment.
Track the number of	70 participants	Increase the number of
participants that join every		participants to 80 over the
year.		next three years.
Track number of CT	TBD	TBD
referrals that are done		
every year.		
Track number of inpatient	TBD	TBD
consults that are evaluated		
by the Telehealth machine.		

Plan to evaluate the impact:

Strategy 1: Walk to Wellness

- Track attendance
- Count the number of assessment screenings done.
- Conduct pre and post assessment surveys during for each group.

Strategy 2: Diabetes Education Class

- Number of individuals reached by educating on the chronic diseases.
- Number of educational classes on nutrition and cooking demos.

Strategy 3: 320 CT Scanner

- Track the number of patients that utilize this new equipment.
- Promote this service at three community events a year.
- Track the number of successful follow ups.

Strategy 4: Telehealth & REACH

- Track the number of patients that utilize this new equipment.
- Promote this service at three community events a year.
- Track the number of successful follow ups.

Hospital facility:	St. Mary's Good Samaritan Hospital					
CHNA significant health need:	Nutrition, Diabetes	, Obesity				
CHNA reference page:	23-24	Prioritization #:	2			

Brief description of need:

More than 1:3 individuals in the service area are obese. There is inadequate access to healthy foods and decreasing access to recreational and fitness facilities across the region.

Goal: Prevent chronic diseases and increase wellness by promoting healthy habits. *Objective:*

By June 2022, expand community education programs aimed at increasing knowledge of risk factors to manage and prevent chronic diseases by using effective strategies.

Strategies	Т	imelin	е	Committed Resources		Potential Partners
Strategies	Y1	Y2	Y3	Hospital	Other Sources	rotential rattilets
Walk to Wellness	X	X	X	Outreach/ All Depts.		Physician Practices such as TenderCare Clinical & MGMA
Diabetes Education Class	X	X	X	Outreach/ /Nursing		Physician Practices such as TenderCare Clinical & MGMA
Healthy Habits - Boys & Girls Club	Х	Х	Х	Outreach/ Dietary		Metz, Dietitian

CHNA Impact Measures	CHNA Baseline	Target
Tracking the number of participants that join each year.	The number of participants range from 15-20.	Increase the number of participants every year to 25 – 30 in three years. Track attendance, conduct a pre/post assessment.
Track the number of participants that join every year.	70 Participants	Increase the number of participants to 80 over the next three years.
Establish a healthy habit eating group with Boys & Girls Club in Greene County and track the number of kids in the program each year.	TBD	TBD

Plan to evaluate the impact:

Strategy 1: Walk to Wellness

- Track attendance
- Count the number of assessment screenings done
- Conduct pre-and post-assessment surveys during for each group.

Strategy 2: Diabetes Education Class

- Number of individuals reached by educating on the chronic diseases.
- Number of educational classes on nutrition and cooking demos.

Strategy 3: Healthy Habits

• Track the number of students that receive healthy educational information.

Hospital facility:	St. Mary's Good Samaritan Hospital					
CHNA significant health need:	Cerebrovascular H	ealth				
CHNA reference page:	33-34	Prioritization #:	3			

Brief description of need:

Regionally, strokes account for 5% of all deaths between 2015 and 2017.

Goal: Prevent chronic diseases and increase wellness by promoting healthy habits.

Objective:

By June 30, 2021, expand community education programs aimed at increasing knowledge of risk factors to manage and prevent chronic diseases by using effective strategies.

Actions the hospital facility intends to take to address the health need:

Stratagion	Т	Timeline		Committed Resources		Potential Partners
Strategies	Y1	Y2	Y3	Hospital	Other Sources	Poteritial Partifiers
Walk to Wellness	X	X	X	Outreach		Physician
				/All Dept.		Practices such as
						TenderCare
						Clinical & MGMA
Diabetes Education	X	Χ	X	Outreach		Physician
Class				/Nursing		Practices such as
						TenderCare
						Clinical & MGMA
Telehealth & REACH	Х	Х	Χ	ED/Outr		Augusta University
				each		

Anticipated impact of these actions:

CHNA Impact Measures	CHNA Baseline	Target
Track the number of	The number of participants	Increase the number of
participants that join every	range from 15-20.	participants every year to
year.	_	25 – 30 in three years.
		Increase healthy behaviors

		by having more education materials.
Track the number of participants that join every year.	70 Participants	Increase the number of participants to 80 over the next three years.
Track number of nuero referrals that are evaluated by Telehealth machine.	TBD	TBD

Plan to evaluate the impact:

Strategy 1: Walk to Wellness

- Track attendance
- Count the number of assessment screenings done
- Conduct pre and post assessment surveys during for each group.

Strategy 2: Diabetes Education Class

- Number of individuals reached by educating on the chronic diseases.
- Number of educational classes on nutrition and cooking demos.

Strategy 3: Telehealth & REACH

- Track the number of patients that utilize this new equipment.
- Promote this service at three community events a year.
- Track the number of successful follow ups.

Hospital facility: St. Mary's Good Samaritan Hospital

CHNA significant health Healthcare Access

need:

CHNA reference page: 29-30 Prioritization #: 4

Brief description of need:

The region lacks adequate and affordable healthcare options in the areas of primary, dental, and mental health, especially for those without adequate insurance.

Goal: Increase patient access to clinical prevention services.

Objective:

By June 2020, improve patient access to care in Greene County.

Strategies	Т	Timeline		Committed Resources		Potential Partners
Strategies	Y1	Y2	Y3	Hospital	Other Sources	Folential Fatthers
St. Mary's Residency Program	X	X	X	Outreach /Med- Surg/ED		TenderCare Clinic Augusta University
Workforce Development Program	X	X	Х	Outreach /All Dept.		Greene College Career Academy & Lake Oconee Academy
Charity Care	X	X	Х	Patient Access/ Case Mgmt.		Governmental Services Navigators United Way/211

CHNA Impact Measures	CHNA Baseline	Target
Track the number of residents that continue to practice in this area.	3 Residents	5 Residents over the next three years.
Track the number of students that intern/shadow in the healthcare field from this program.	TBD	TBD
Track the number of charity care cases.	TBD	To decrease the number of uninsured cases by educating the community about resources and benefits available to them.

Plan to evaluate the impact:

Strategy 1: St. Mary's Residency Program

- Evaluate results at end of each rotation.
- Count the number of residents that come to Good Samaritan Hospital.
- Track and follow up with residents that receive clinical prevention services.

Strategy 2: Workforce Development Program

- Count the number of students that come to Good Samaritan Hospital.
- Track and follow up with the students after the program has ended.

Strategy 3: Charity Care

• Track numbers monthly, report annually, and analyze data for improvement.

Hospital facility: St. Mary's Good Samaritan Hospital

CHNA significant health Cancer need:

CHNA reference page: 35-36

Prioritization #: 5

Brief description of need:

Significant race-based cancer mortality disparities were documented in this region.

Goal: Increase number of cancer screenings and reduce breast cancer mortality in Greene County.

Objective:

By June 30, 2022, increase cancer awareness and prevention measures to the residents of Greene County and the surrounding areas.

Strategies	Timeline		Committed Resources		Potential Partners	
	Y1	Y2	Y3	Hospital	Other Sources	Folential Faithers
Power of One/Breast Cancer Walk	X	X	X	Outreah c/Radiol ogy		TenderCare Clinic, Greene County Health Department, American Cancer Society, Local Clergy, Family Connections
No-Cost Mammograms	X	X	X	Outreac h/Radiol ogy		TenderCare Clinic, Greene County Health Department, Physician Practices including MGMA
Freedom from Smoking	Х	Х	Х	Respirat ory		
Better Breathers	Х	Х	Х	Respirat ory		

CHNA Impact Measures	CHNA Baseline	Target
Count the number of classes/events and participants.	100	Increase the number of individuals that attend educational classes and events held to learn about breast cancer and mammograms to 200 over the next three years.
Track the number of mammograms and follow up annually.	90 women	Offer no-cost mammograms twice a year and serve at least 180 women over the next three years.
Count the number of classes and participants who stop smoking.	TBD	TBD
Count the number of classes and participants outcomes.	12 participants	Have at least 15 people per class every month for the next three years.

Plan to evaluate the impact:

Strategy 1: Power of One Breast Cancer Walk

- Monitor the number of patients who participate in the no cost mammograms each year and determine how many continue the annual mammogram screenings.
 Follow-up to determine barriers.
- Increase the number of individuals that attend the Breast Cancer Awareness Walk (200) and learn more about breast cancer and mammograms.

Strategy 2: No-Cost Mammograms

- Sixty (60 or 80) mammograms provided through this program. Offered in May and October of each year.
- 100% rate of follow up care if the findings are positive with referrals to St. Mary's Hospital in Athens as needed.

Strategy 3: Freedom from Smoking

- Increase the number of classes to once a month.
- Track the number of participants and their outcome to stop smoking.

Strategy 4: Better Breathers

- Increase the number of participants in this program by referring patients as needed.
- Track the number of participants and their outcomes.

Adoption of Implementation Strategy

On June 17, 2019, the Board of Directors for St. Mary's Good Samaritan Hospital, met to discuss the 2019-2021 Implementation Strategy for addressing the community health needs identified in the FY 2019 Community Health Needs Assessment. Upon review, the Board approved this Implementation Strategy and the related budget.